

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1 9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Lovely	2 9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	3 9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	4 9:30am - Spin-Love	5 8:30am - MM-Lovely 9:30am - Zumba-Tara
6	7 9:30am - Spin-Lovely 10:15am - TBC-Lov 5pm - Cardiobox-Theresa	8 9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Lovely	9 9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	10 9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	11 9:30am - Spin-Lori	12 9:30am - Zumba-Lovely 10:30am - Yoga-Chandra
13	14 Columbus Day 9:30am - Spin-Lovely 10:15am - TBC-Lov 5pm - Cardiobox-Theresa	15 9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Lovely	16 9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	17 9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	18 9:30am - Spin-Love	19 8:30am - MM-Glori 9:30am - Zumba-Marilyn
20	21 9:30am - Spin-Lovely 10:15am - TBC-Lov 5pm - Cardiobox-Theresa	22 9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Lovely	23 9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	24 9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	25 9:30am - Spin-Lori	26 9:30am - HALLOWEEN 9:30am - Zmba1.5Tara+ 11am - Bndles-LOV
27	28 9:30am - Spin-Lovely 10:15am - TBC-Lov 5pm - Cardiobox-Theresa	29 9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Lovely	30 9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	31 9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	1	2