

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
					9:30am - Spin-Love	8:30am - MM-Glori 9:30am - Zumba-Tara
3	4	5	6	7	8	9
	9:30am - Spin-Lovely 10:15am - TBC-Lov 5pm - CardioBox-Theresa	9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Lovely	9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	9:30am - Spin-Lori	9:30am - Zumba-Tara 10:30am - Yoga-Chandra
10	11	12	13	14	15	16
	Veterans Day 9:30am - Spin-Lovely 10:15am - TBC-Lov 11am - CardioBox?	9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Tondra	9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	9:30am - Spin-Love	8:30am - TBC-Meg 9:30am - Zumba-Tara
17	18	19	20	21	22	23
	9:30am - Spin-Lovely 10:15am - TBC-Lov 5pm - CardioBox-Theresa	9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Lovely	9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	9:30am - Zumba-Lovely 10:30am - Boundles-Lov 5pm - HIIT-Theresa 6pm - Zumba-Tondra	9:30am - Spin-Lori	9:30am - Zumba-Tara 10:30am - Boundles-Lov
24	25	26	27	28	29	30
	9:30am - Spin-Glori 10:15am - TBC-Glori 5pm - CardioBox-Theresa	9:30am - MM-Lovely 10:30am - Spin-Lovely 5pm - Martial Arts- 6pm - Zumba-Tondra	9:30am - Spin-Lovely 10:30am - TBC/Barre-LOv 5pm - MM-Glori	NO CLASSES Thanksgiving Day	Thanksgiving special w/ 9:30am - Spin-Glori 10:30pm - Turkey Burn	HOLIDAY SPECIAL 9:30am - Zmba1.5 Tara+